

Oremus: Week 5 Spiritual Senses

Sts Anne and Joachim Catholic Church

Practice the art of imaginative prayer.

Be in the scene.

Imagine yourself as a character in the passage. Do as that character does.

Talk to Jesus about what is on your heart...and listen

Day 1: John 20:19-29

Day 2: John 3:22-30

Day 3: Luke 17:11-19

Day 4: Matthew 14:22-33

Day 5: Matthew 19:16-26

Day 6: John 13:31-38

Day 7: John 18:15-18, 25-27

For each day, journal the following responses

- 1) The "strongest" thought or feeling during my prayer was...
- 2) My heart "rested" when...
- 3) I sense the Lord was telling me...
- 4) I ended the prayer wanting...